

# Hospital Program Fundraiser



## **MID-WINTER BASKETS**

**ALL EVEN DISTRICTS**  
**MUST TRY TO BRING A BASKET**  
**(ODD DISTRICTS OPTIONAL)**

## **DUCK POND PRIZES**

**EACH AUXILIARY IS ASKED TO**  
**DONATE A GIFT CARD OR CARDS**  
**UP TO AT LEAST \$25.00**

**PLEASE BRING CARDS TO THE MID-WINTER CONFERENCE**  
**JANUARY 13<sup>TH</sup> – 16<sup>TH</sup>**

**OR**

**MAIL TO MARGIE LINDBERG, HOSPITAL CHAIR**  
**12012 75<sup>TH</sup> AVE SO**  
**SEATTLE, WA 98178**  
**[MARGIESVFWAUX@YAHOO.COM](mailto:MARGIESVFWAUX@YAHOO.COM)**  
**206-669-2344**

HOSPITAL  
BULLETIN #3  
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Hello and Happy Fall!

As you can see, I started this Bulletin with a huge reminder for the Hospital Program Gift Basket Raffle and Duck Pond Gift Cards. Be sure to take advantage of holiday sales and redeeming points from gift card purchases. (Fred Meyer often offers gas credit points when you purchase at their stores and Costco always has discounts off face value.)

**Hospital and Home Site Visits**

In October the Department Auxiliary visited four facilities here on the west side of the state. I like to thank all who joined Madam President Marjorie Stetson, Chief of Staff Elaine Taylor, Department Post Surgeon Perry Taylor, Cooties Grand Commander and President Hardy and Lori Nettles, and myself as we did our outdoor ‘Drive by – Drop off’ events.

In addition - **Thank You** to:

At Washington Soldiers’ Home in Orting; Hosted by Robert Pence, Admin.

- Tilinda Grote - Auxiliary VAVS Rep

At American Lake in Tacoma; Hosted by Rex Rimando and Kimberly Wilkie, Admin’s

- Gloria Hooten - Auxiliary VAVS Rep
- Frank Bannister – VFW VAVS Rep

At Seattle VAMC; Hosted by Kimberly Wilkie and Kathryn Sherrill, Admins

- Pam Vitiritti - Auxiliary VAVS Rep
- Nancy Lee Davidson - Auxiliary VAVS Deputy Rep
- Connie Vitiritti - Auxiliary 9430 Hospital Rep
- Walt Tanimoto – VFW VAVS Rep

At Washington Soldiers’ Home in Port Orchard (aka Retsil); Hosted by Tami Rueter

- Jennifer Viestenz - Auxiliary VAVS Rep
- Kirk Viestenz – VFW VAVS Rep

We hope to visit the East side of the state in late Spring, pandemic permitting.

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**Some Reminders**

In addition to our Department of Washington Website

- Remember to refer to the National Program Book
- Review and check your Year End Report, located on the Hospital Page
- You should have been writing cards and sending them in packets to our homes and hospitals
- Decorating large 10 x 13 white envelopes for Honor Flight Mail Calls, when they resume
- Display Women’s Health Care information

## **Hospital Awards Program Overview**

### **AWARDS FOR MEMBERS**

1. Citation to one member in each of the 10 Program Divisions who recruits the most Hospital (VA and non-VA facilities) volunteers from July 1, 2020 to March 31, 2021. Entry form (required) available at [vfwauxiliary.org/resources](http://vfwauxiliary.org/resources).
  2. "Hospital Volunteer Recruiter of the Year" plaque awarded to one member in the nation who recruits the most Hospital volunteers (VA and non-VA facilities) from July 1, 2020 to March 31, 2021. Entry form (required) available at [vfwauxiliary.org/resources](http://vfwauxiliary.org/resources).
  3. Citation to the Outstanding Hospital Volunteer of the Year in each of the 10 Program Divisions. Entry form (required) available at [vfwauxiliary.org/resources](http://vfwauxiliary.org/resources).
  4. Citation to the Outstanding VFW Auxiliary Member Healthcare Worker of the Year in each of the ten (10) Program Divisions. Entry form (required) available at [vfwauxiliary.org/resources](http://vfwauxiliary.org/resources).
- Member entries are due to Department Hospital Chairmen by March 31, 2021. Department Hospital Chairmen are to send all entries received to the National Hospital Ambassador by April 30, 2021 for judging.

### **AWARDS FOR AUXILIARIES**

1. Most outstanding participation in National Salute to Veteran Patients Week.
    - Citation to every Auxiliary that sends or hand delivers valentines to veteran patients. Criteria and entry form (required) available at [vfwauxiliary.org/resources](http://vfwauxiliary.org/resources). Auxiliaries must send the entry form to their Department Hospital Chairman by March 31, 2021.
- The Department Hospital Chairman must send a copy of all submitted entry forms to National Headquarters by April 30, 2021.
- Citations will be mailed directly to participating Auxiliaries from National Headquarters.
- Citation and \$25 to one Auxiliary in each of the four Conferences with the most outstanding "Valentines with Veterans" party or event on-site at a medical facility.
- The Department Hospital Chairman must sign and send a copy of the completed Department-winning entry form to the National Hospital Ambassador by April 30, 2021 for judging.

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Finally, even though Suicide Awareness *Month* is over - our mission to support Veterans and all people who are affected by PTSD or are in a fragile or traumatic states of mind still need our attention and awareness.

Here are some signs to look for, be mindful of, when talking with fragile people. Suggest professional help, supply them with appropriate resources.

Check out:

- <https://veteranscrisisline.net/>
- <https://suicidepreventionlifeline.org/help-yourself/veterans>

Call: VA Suicide Hotline 1-800-273-8255

Text: 838255

Some general signs to watch for:

- Thoughts about suicide or dying
- Attempts to commit suicide
- New or worse depression
- New or worse anxiety

- Feeling agitated or restless
- Panic attacks
- Trouble sleeping (insomnia)
- New or worse irritability
- Acting aggressive, being angry, or violent
- Acting on dangerous impulses
- An extreme increase in activity and talking (mania)
- Other unusual changes in behavior or mood

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I send this off to each of you with warm wishes for fall and winter. However you may celebrate, may it be happy, safe, and in peace.

Soaring to New Heights,  
Margie Lindberg