



VFW AUXILIARY DEPARTMENT OF WASHINGTON
BULLETIN # 4

Hello Sisters and Brothers,

My how the time has gone. Our year is already half over! What a great time we had at Mid Winter Conference in Vancouver Washington. Our Chairmen did a fantastic job of presenting and encouraging you on our programs. Vancouver hospitality was the best! And all of you that attended were fun and excited! And.....it was before ALL THE SNOW!

Congratulations are in order for Erica Roloff for winning the Voice of Democracy 1st place. Erica is from Puyallup Post/ Auxiliary 2224 District 3. It will be so exciting to escort Erica in Washington DC.

All entries are winners. Our students have demonstrated their pride in America in their essays and have kept patriotism alive in their generation. Congratulations to all entrants.

You still have time to get your cute M&M ***“Members Matter”*** pin from Laura Guthrie, Department Membership Chairman, for bringing in **just 5 NEW MEMBERS!!**. That is all it takes! It is so easy if you just talk to people about who you represent and why. Some potential members are just waiting for you to ask!

Also, be sure to fill out the form for your 5 members and get it to Laura. **100% is our next goal!!**

I am sure you have all paid:

*Health and Happiness to National VFW Auxiliary: \$.10 per member or \$.25 per member if you want a citation from National.

*Hospital \$3.00 per member *Cancer \$2.00 per member
(hospital and cancer are to be sent to Cindy Burkey, Dept Treasurer)

Please remember the ***5 Signs of Mental Illness***. It is a disease just as any other, however, sometimes we cannot see it until it is too late.

***Personality changes, uncharacteristically angry, anxious, agitated, or moody, withdrawal or isolation from other people.

***May neglect self-care and engage in risky behaviour, overcome with helplessness and overwhelmed by circumstance.

Be sure to go over your Year End Reports for our programs now. This will ensure you have done what your Department Chairman is asking you to do. Check the date on the report. This is when your report is **due to your Department Chairman**. **NOT MAILED!** So allow for mail time or scan and send on your computer.

Our Department Convention date has been changed. It is June 21-24 in Olympia, Washington. The 21st is the Council of Administration Meeting. Hope you can all make it. It is a great for all of you to be there to receive your much deserved award and to cast your vote for your Department Officers.

Let's continue to mentor our members. Talk to them, find out what their likes and dislikes are. Put them on a committiee in their "likes" list. We, as auxiliary members, can educate the new member, chairman, officer on why and how we do what we do. Remember mentoring is a two way road, one gives the mentoring and one accepts the mentoring.

*Judy Leu did this at our Mid Winter Conference. She was gentle, knowledgable, and proud, and took the time to mentor a new young auxiliary member on placing and retiring the flag. Erica, you did a great! Thank you, Judy.

.....MENTOR.....This is how we build confident and outstanding auxiliaries and members.

Remember my special project; National Veterans Wheelchair Games. Talk about mentoring! These men and women Veterans do it everyday with what they accomplish. The games give them a purpose, comradery, self respect and a chance to have fun competition. Let's help them get to the games!

Thank you for a great year! We have had ups and downs, but working together we have taken care of the downs and made them ups!

**Our Veterans and Military are in good hands with our VFW Auxiliary Department of Washington!

**We are in good hands with our Veterans and Military as we are "One Nation Under God"!

"In the Spirit of America we continue Unwavering Support for Uncommon Hero's"

Loyally,

Marge Wright, President
VFW Auxiliary Department of Washington

